Farrell Area Schools K-12 Breakfast Menu
April 2024

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | $1$ <br> Spring Break | 2 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Goody Ring | 3 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Oatmeal Chocolate Benefit Bar | 4 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Dunkin Sticks | 5 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Chocolate Bread |
| Every student of Farrell Schools is entitled to breakfast and lunch at no cost! | 8 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT Fruit Loops <br> HIGH SCHOOL (7-12) <br> Cinnamon Roll | 9 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Mini Powdered Donuts | 10 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Coffee Cake | 11 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Lemon Bread | 12 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Cinnamon Roll |
|  | 15 ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT Fruit Loops <br> HIGH SCHOOL (7-12) Oatmeal Bun | 16 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Mini Chocolate Dunuts | 17 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Cinnamon Roll | 18 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Goody Ring | 19 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Dunkin Sticks |
| Milk offered daily: fat free chocolate, $1 \%$ white, fat free strawberry <br> All bread is whole grain | 22 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT Fruit Loops <br> HIGH SCHOOL (7-12) <br> Goody Ring | 23 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Powdered Donut Holes | 24 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Coffee Cake | 25 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Vanilla Sprinkle Bar | 26 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Dunkin Stick |
| Menu subject to change | 29 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fruit Loops <br> HIGH SCHOOL (7-12) <br> Lemon Bread | 30 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Chocolate Bread | May 1 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Goody Ring | May 2 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Dunkin Sticks | May 3 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Super Donut |

[^0]Farrell Area Schools K-12 Lunch Menu
April 2024

| April 2024 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
|  | 1 Spring Break Farrell Cafeteria is looking for workers Applications are in Central Office 724.509 .1266 | 2 <br> WALKING TACOS <br> with Whole Grain Tortilla Chips <br> Black Beans / Corn <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 3 <br> CHICKEN NUGGETS <br> Whole Grain Dinner Roll <br> Mashed Potatoes <br> Red Peppers <br> Assorted Fresh Fruit Choice of Low Fat Milk | 4 <br> ASIAN CHICKEN <br> on Bed of Brown Rice <br> Steamed Broccoli <br> Fresh Cauliflower <br> Assorted Fresh Fruit Choice of Low Fat Milk | 5 <br> MEATLOAF <br> Whole Grain Dinner Roll <br> Mashed Potatoes <br> Red Peppers <br> Assorted Fresh Fruit Choice of Low Fat Milk |
| Every student of Farrell Schools is entitled to breakfast and lunch at no cost! <br> Don't forget to take at least one fruit or veggie with each meal <br> Grades 9-12 may take two fruits | 8 <br> SLOPPY JOES <br> on Whole Grain Bun <br> Hash Browns <br> Fresh Cauliflower <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 9 <br> HOT HAM \& CHEESE SANDWICH <br> on Whole Grain Bun <br> Steamed Broccoli <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 10 <br> CHICKEN SANDWICH <br> on Whole Grain Bun <br> Baked Beans <br> Fresh Broccoli <br> Assorted Fresh Fruit Choice of Low Fat Milk | 11 <br> PENNE PASTA with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | 12 <br> FRENCH BREAD PIZZA <br> Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk |
| Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other <br> Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices | 15 <br> MEATBALL HOAGIE <br> on Whole Grain Bun <br> French Fries <br> Baby Tomatoes <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 16 <br> NACHOS GRANDE <br> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk | $17$ <br> CHICKEN TENDERS <br> Whole Grain Dinner Roll <br> Mashed Potatoes <br> Red Peppers <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 18 <br> ZITI PASTA with MEAT SAUCE <br> Garden Romaine Salad <br> Whole Grain Breadstick(9-12) <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 19 <br> STUFFED CRUST PIZZA <br> Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk |
| Milk offered daily: fat free chocolate, $1 \%$ white <br> 2nd Choie : EZ Jammers daily <br> All bread is whole grain <br> Grab \& Go Salads offered daily as a meal | 22 <br> CHEESEBURGERS <br> French Fries <br> Fresh Cauliflower <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | $23$ <br> WALKING TACOS <br> with Whole Grain Tortilla Chips <br> Black Beans / Corn <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 24 <br> CHICKEN SANDWICH <br> on Whole Grain Bun <br> Baked Beans <br> Fresh Broccoli <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 25 <br> ROTINI with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Dinner Roll(9-12) <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 26 <br> FILET O' FISH SANDWICH <br> Tater Tots <br> Fresh Carrots <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk |
| Cheez-its Grades 7-12 on $\begin{gathered} 4 / 4,4 / 5 \\ 4 / 12 \\ 4 / 154 / 19 \\ 4 / 22-4 / 26 \\ 4 / 29 \end{gathered}$ <br> Menu subject to change | 29 <br> TOASTED CHEESE SANDWICH <br> Tomato Soup <br> Carrot Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 30 <br> SHRIMP POPPERS <br> Dinner Roll <br> Broccoli \& Cheese <br> Fresh Cauliflower <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | May 1 <br> BAKED CHICKEN <br> Whole Grain Dinner Roll <br> Mashed Potatoes <br> Red Peppers <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | May 2 <br> PENNE PASTA with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Dinner Roll (9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | May 3 <br> CHEESE PIZZA <br> Garden Romaine Salad Fresh Cukes Assorted Fresh Fruit Choice of Low Fat Milk |

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability


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